



4th July 2025

# Mail on Friday

## Redhill Primary Academy

### Weekly Newsletter

Email us at: [parentcontact@redhillprimary.co.uk](mailto:parentcontact@redhillprimary.co.uk)

#### Parent Drop Ins

There are no more parent drop-ins happening this term.  
We will inform you, on the Mail on Friday, when they will begin again in the autumn term.

#### Children's Sight Tests

Please remember that children are entitled to free NHS sight tests at opticians. If you don't take your child regularly for a sight test, please consider making an appointment so that any issues that may arise can be picked up early. Thank you.

#### End of Year Parties

We will be holding our end of year parties over the following dates:

Monday 14th July	Miss Price, Miss Knowles, Mrs Davies and Mrs Richards
Tuesday 15th July	Mrs Morris and Mrs Breakspeare/Mrs Hidalgo
Thursday 17th July	Mr Hodgkison, Miss Williams, Mrs Parker, Mrs Kirkpatrick, Mrs Fance and Mrs Bell-Ward
Friday 18th July	Mrs Hassall and Mr Baldwin

We would be grateful if all children could bring in one small item of party food for their own consumption on their party day. Please be aware that some children may suffer from nut allergies so we would be grateful if you did not send in items which contain nuts.

On their party days, the children can stay in their party clothes all day.

We hope that you can help us with supporting this celebration and know that this will be a real treat for the children who have all worked very hard over the year.

#### Keeping Hydrated During the School Day

Please can every child bring a water bottle so that they can keep hydrated during the school day.  
Only water is allowed in water bottles unless a medical reason is provided.

Thank you.

#### No Outsiders Fund Raising

We have received a lovely thank you from our recent mufti-day (non-uniform) fundraiser from Place2Be.

*We received your very kind donation of £382 recently from your Mufti-day Fundraiser and I wanted to say a huge thank you on behalf of everyone at Place2Be!*

*To put this amount into context, every £16 raised could allow a child to book their own appointment to speak to a mental health professional about issues like anxiety and low mood, so your fundraising really will make a big difference.*

*Redhill Primary Academy, thank you for showing children and young people that they're not alone with their mental health - we are so grateful!*

# Digital safety at a glance

internet  
matters.org

## Guidance for parents of 5-7-year-olds

Use this quick tips guide to stay on top of your child's online safety needs.

### Tech use, issues and tips

Learn about common experiences at this age and what you can do to keep your child safe online as they grow.



**50%**  
watch livestreaming  
apps or sites



**65%**  
send messages or  
make video/voice calls



**58%<sup>1</sup>**  
The most popular  
app is YouTube



#### Too much screen time

Too much screen time is the online harm most experienced at this age, and **74% of parents** worry about this.

Set time limits for devices but also help kids experience a range of activities to create and learn to support their wellbeing.

[Get more support handling screen time](#)



#### Being contacted by strangers

Children say that being contacted by strangers is the second-most common experience they face online. **73% of parents** worry about this.

Review communication settings on their favourite apps and platforms to limit who can contact them or add them as friends.

[Find a guide to review settings](#)



#### Online bullying<sup>2</sup>

children know is one of the most common harms among 5-7s, and **76% of parents** worry about this.

Online bullying is difficult to escape or ignore. So, talk about what it looks like so kids know when and how to get help.

[See how to talk about cyberbullying](#)

1. Children and parents: media use and attitude report 2024  
2. Internet Matters survey stacker

### Practical tips to keep 5-7s safe online

Set parental controls on popular apps



1. Create a child's profile
2. Set a parental controls PIN
3. Customise maturity level of content your child can watch.

[Go to Disney+ parental controls guide](#)



1. Set up YouTube Kids for under-13s
2. Use timers to manage screen time
3. Turn off watch history to limit suggested videos.

[Go to YouTube parental controls guide](#)



1. Create a separate profile for your child based on their age to manage content.
2. Set a PIN to keep them from changing settings.
3. Turn off autoplay features to manage screen

[Go to Netflix parental controls guide](#)

#### Are they talking to others online?

[Talk about internet manners](#)



#### Get personalised advice straight to your inbox

Want support to stay on top of your kids' digital lives? Together, we've got this, with our free personalised family digital toolkit. By completing the form you'll get:

- Age-specific checklists and guides
- Safety information on the latest apps and platforms
- Resources to tackle online concerns by age
- Interactive tools to encourage discussions on key topics

Scan the QR code or go to [InternetMatters.org/toolkit](https://internetmatters.org/toolkit)



#### Make online safety a part of their everyday

##### Conversations to have

Talk about:

- What they're watching, what do they like about it?
- What apps/games they like; what would they like to try?
- How being online makes them feel; what signs tell them they need a break?

[See more conversation starters](#)

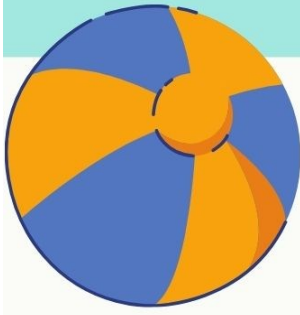
##### Tools to explore together

Build digital skills and play together with:

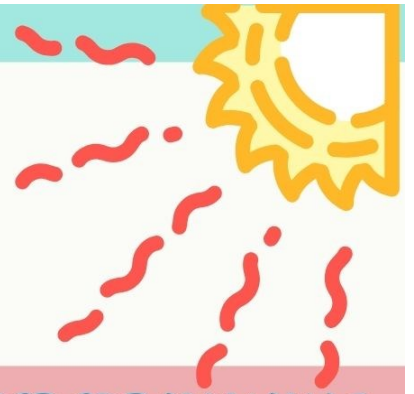
- The Online Together Project: an interactive quiz with discussion points to challenge stereotypes and hate online.
- Find the Fake: a series of quizzes to help teach children how to recognise and tackle misinformation online.

[Explore age-specific guides](#)





# Friends newsletter



**COULD YOU BE OUR NEXT  
TEAM MEMBER?**

**KING CONE ICE CREAM VAN IS  
COMING BACK ON THE 15/7**

**REDHILLS PTA  
NEEDS 3 HEROES!**  
NO EXPERIENCE NEEDED—  
JUST ENTHUSIASM!

**PTA  
SECRETARY**   **COMMUNITY  
CHAMPION**   **SOCIAL MEDIA  
CREATOR**

**JOIN THE FUN.**



**HAVING A CLEAR OUT? PLEASE  
THINK OF OUR SECOND HAND  
SHOP.**

**STILL NOT SIGNED UP TO EASY  
FUNDRAISING?**

**+ DONATE**  
SCHOOL UNIFORM, CHANGE LIFE!

**DROP-OFF**  
out-grown uniforms:  
Drop off your outgrown  
— uniforms are sorted & given  
— uniform a time.

easyfundraising

Sign up, shop,  
and earn us a **FREE**  
donation  
everytime

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for Learn to love to read



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